

MEETING OF THE COUNCIL ON STUDENT AFFAIRS
Sheraton OKC Downtown Hotel
1 North Broadway Avenue, Executive Boardroom 2nd Floor
OKC, OK 73102

Lance Newbold, Chair, Presiding
Wednesday, November 8, 2023
12:30 p.m.

MINUTES

1. Welcome and Introductions – Lance Newbold

Chair Newbold welcomed Dr. Brandon Hill's East Central University guests, Michelle Allen and Leena Rudolph, as well as other attendees and called the meeting to order at 12:31 p.m.

2. Approval of October 12, 2023 Minutes – Lance Newbold

Upon motion duly made and seconded, the minutes were approved as written.

INFORMATION OF INTEREST TO THE COUNCIL

3. 5 Gears: How to be Present and Productive When There is Never Enough Time –
Jessica Rimmer, PhD, CEO and Founder of Solomon Strategic Advisors, a Partner Agency of GiANT Worldwide

Jessica thanked Dr. Alicia McCullar for the opportunity to speak to the council, as she was a former member. She gave a brief history of her higher education background and said she left higher education and started Solomon Strategic Advisors. SSA provides executive coaching to help involve high-performing teams healthy organization for everyday people. They partner with GiANT Worldwide. Jessica explained an abbreviated version of The 5 Gears method:

- 1st Recharge Mode – Rest, Recovery and Personal Recharge
- 2nd Connect Mode – Going deeper and bonding with someone
- 3rd Social Mode – Small talk, chit-chat and socializing
- 4th Task Mode – Multi-tasking and managing to do lists
- 5th Focus Mode – In the zone, fully focused and immersed in a project
- R Responsive Mode – Backing up or apologizing when necessary

Jessica said this tool changed her life and mentioned 1st gear is the key. She challenged the council to find a little bit of time to recharge so they may be more effective in their roles of helping students.

COUNCIL BUSINESS

4. 2024 Student Leadership Retreat Update – Lindsay Echols, Executive Director of Campus Compact and Director of Student Affairs, OSRHE

Lindsay reminded the council that the Student Leadership Retreat will be held Thursday, February 29, 2024, at Oklahoma City Community College. She said online registration may be open November 15, 2023, and the workshop proposal portal will be open November 20, 2023. Lindsay asked the council to share this information with graduate students who are interested in presenting to student leaders. She also asked for each institution to let her know approximately how many students they will bring to the SLR in an effort to help plan the event. This retreat is open to all student leaders, not just those in student government. She said there will be a legislative panel this year with Dr. Jarrett Jobe (OSRHE) and Halli Humphrey (OSGA President) moderating. Students will be allowed to submit questions for legislators in advance.

5. Conference Scheduling Discussion – Lance Newbold

Lance informed the council that Dr. Ina Agnew reached out to him wanting to discuss how to schedule the many conferences held at the same time of year. He mentioned the many opportunities held this week and asked the council for their suggestions. Josh Busby (LU) spoke of his planning efforts as the conference chair of the NASPA Region IV-West Conference, which was held this week in Oklahoma City. He said it can be difficult due to conferences being separate entities and the contractual processes required. Lindsay said OSRHE staff discussed Dr. Agnew's concern and may be able to create a calendar on the OSRHE webpage to post internal and external events. Adam Johnson (SWOSU) said it would be helpful to know when the different conferences are scheduled in advance. Christopher Lynch (UCO) mentioned they are trying to organize a calendar at their institution. He also is in favor of an OSRHE calendar. Lance (RSC) mentioned calendar maintenance is the most helpful when scheduling events. Jerrid Freeman (NSU) mentioned this could be helpful for institutions that have to drive long distances for a one-hour meeting and be away from campus all day.

6. 2023 COSA Work Plan Discussion – Lance Newbold

Lance reminded the council of the four themes on the new COSA work plan:

- Theme 1 – Advocacy (Lance Newbold - RSC)
- Theme 2 – Supporting At-Risk Populations (Dr. Jason K. Johnson - OCCC)
- Theme 3 – Succession Planning and Employment Issues (Dr. Jerrett D. Phillips - CU)
- Theme 4 – Cooperative Training and Development (Dr. Alicia McCullar - MACU)

Lance asked the council to contact the person assigned to each theme if they would like to help with a particular theme. Josh Busby (LU) reiterated the work plan has been in existence for many years and thanked the members that helped create the new work plan. Lance mentioned Jason Johnson (OCCC) created the form, which can be used as a living document, goals can be added, different timelines, etc., in an effort to accomplish outcomes. Alicia McCullar (MACU) reminded the council this document shows deliverables for learning outcomes and can be presented to HLC by institutions that have doctorate degrees in student affairs.

7. **Announcements** – Lance Newbold

- Lance reminded the council of the traditional holiday lunch held after the December COSA meeting. Lindsay will contact a few restaurants for availability.
- Liz McCraw (SEOSU) mentioned the Fair Labor Standards Act that passed this summer will affect institutions regarding the salary cap. She would like this to be a topic for COSA to address. Liz also would like COSA to have a conversation of not holding student transcripts for nonpayment. She asked if there was an update on the Concurrent Enrollment Committee Dr. Placido spoke about a few months ago.
- Kelia Manos (WOSC) asked about the policy changes regarding developmental courses. She has concerns about students being college ready.
- Eunice Tarver (TCC) would like to discuss gainful employment and the impact on students with all of the financial aid updates.
- Joshua Busby (LU) thanked Chair Newbold and the council for moving the COSA meeting to this afternoon at the conclusion of the NASPA conference. He also thanked Lance for Rose State College accommodating the Undergraduate Institute on Monday.
- Lindsay (OSHRE) mentioned Bucknell University has a domestic study abroad trip each year and have chosen to come to Oklahoma this year. They are studying how the Tulsa Race Massacre has impacted black Oklahomans. These students will visit Tulsa, Langston University, learn about Native American exploration and the Black Cowboy Movement. Lindsay asked the council to let her know if their institution has any “student swap” activities. Alicia McCullar (MACU) said they have short-term missions. She took a group of students to Washington, DC to learn about regentrification and food deserts. The MACU students are now involved in local efforts.

8. **Adjournment**

There being no further business to come before the council, the meeting was adjourned at 1:37 pm.

Upcoming Events of Interest to the Council

- November 10-12, 2023 – OSGA Fall Congress, University of Tulsa
- November 17, 2023 – 2023 Oklahoma Women in Higher Education (OKWHE) Fall Conference, University of Central Oklahoma, Edmond
- February 29, 2024 – Student Leadership Retreat, Oklahoma City Community College